



CODE OF CONDUCT FOR GYMNASTS

KD Gymnastics is fully committed to safe-guarding and promoting the well-being of all its members.

KD Gymnastics believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Members are encouraged, therefore, to be open at all times and share any concerns or complaints that they may have about any aspect of the club with Tony Horne (Club Manager) or Ana Marais (Welfare Officer).

As a member of KD Gymnastics you are expected to abide by the following club rules: - -

1. All gymnasts must participate within the rules and respect coaches, judges and their decisions.
2. All gymnasts must respect opponents and fellow club members.
3. Gymnasts should keep to agreed timings for training and competitions or inform their coach if they are going to be delayed.
4. Members must wear suitable attire for training and events as agreed with the coach. All long hair must be tied back and all body jewellery must be removed. The gymnast will not be allowed to participate while wearing jewellery no matter how recently the piercing took place and artificial nails must not be worn.
5. Members must pay for any fees for training or events promptly.
6. Members must not smoke, consume alcohol or take drugs of any kind whilst representing the club at competitions or other events.
7. Members should treat all equipment with respect.
8. Members must inform the head coach of any injuries or illness that they may have had before the warm-up begins.
9. Members must not eat or chew gum during a session except when having a break.
10. Members must not use bad language.
11. Members should remain with coaches at the end of a session until collected by their parent or guardian

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